

## 3-4 Individual Number (My Number)

個人番号（マイナンバー）*(kojin bangō)*  
individual number (my number)

The Individual Number (My Number) is used in these three areas; social insurance, tax, and disaster countermeasures within Japan. You will be provided a 12 digit My Number when you create a resident certificate for the first time after your arrival in Japan.

After you have completed resident registration, the notification for My Number will be sent to your address by simplified registered mail. (It will take 2-3 weeks to reach your address.)

Enclosed in the envelope are the “Notification Card for My Number (Notification Card)”, “Application Form for the Individual Number Card, a return envelope to submit the application form, and an instruction booklet.

The “Notification Card” is made of paper and it shows the 12 digit My Number in the front. It looks like an ID card, but this paper card cannot be used as an identification document.

Please fill out and submit the Application Form to apply for a plastic My Number card with photo and an IC chip.

When you lose your Notification Card (a paper card) or Individual Number Card (a plastic card), please report immediately to a police station and a municipal office.

Also, please call the toll-free number in the right column to suspend the card's function.

**Do not give your My Number to others without good reason.**

Each individual has their own My Number, and generally you will be using the same number for the rest of your life. Even if you leave Japan once and return again, you will use the same number when you make a resident certificate. The number cannot be changed freely.

It is prohibited to give your My Number to others, or to write down the My Number of others. In case you were asked to give your My Number, be sure to check the person and their purpose of use, and be careful not to allow others to abuse your My Number.

My Number General Toll  
Free (toll free service)

Multilingual Service

 **0120-0178-27**