

Chapter 8

Daily Life



8 Daily Life

Life in a foreign country with different culture and habits can be challenging, but a wonderful experience. This chapter provides some useful information for living in Japan.

8-1 Living Cost

円(en) Japanese yen

Currency

The currency in Japan is the yen (JPY).

The yen notes are divided into 4 bills: ¥ 1,000, ¥ 2,000, ¥ 5,000, ¥ 10,000. On the other hand, yen coins are divided into 6: ¥ 1, ¥ 5, ¥ 10, ¥ 50, ¥ 100, ¥ 500.

Although cashless payments are becoming more popular, there are still shops which only accept cash, especially outside of Tokyo. Therefore, you need to carry a certain amount of cash all the time.

消費税 (shouhi-zei)
consumption tax

Consumption Tax

The Consumption tax rate in Japan is 10%, except for food and beverages which is 8%. The 10% consumption tax is applied when you eat and/or drink at the eating space of suppliers like fast food chains, convenience stores, and others. Price tags have to include the consumption tax amount.

Tipping

If you are from a country where tipping is common, you will need to get used to the fact that tipping is relatively rare in Japan. Tipping is not expected and will be turned down in most situations.

Living Expenses in Japan

Monthly living expenses in Japan for a student from overseas (including tuition) on average nationwide come to about 138,000 JPY. The most expensive region is the Kanto region at 151,000 JPY. The Kanto region includes Tokyo, where the monthly living expenses average 154,000 JPY. The high rent as well as transportation costs contribute to the high costs of living in Tokyo. It will not be as high in the Fujisawa (SFC) area.

Moreover, the cost of living varies depending on factors such as housing expenditure, food budget, lifestyle, etc.

Examples for monthly budget and spending (student/living alone)

Example: 2nd year student, female

Budget	Support from parents	¥ 60,000
	Scholarship	¥ 40,000
	Part-time job	¥ 40,000
	Total	¥ 140,000
Spending	Rent	¥ 68,000
	Food	¥ 16,000
	Electricity, water, gas	¥ 10,000
	Social expenses	¥ 7,000
	Phone	¥ 8,000
	Books	¥ 5,000
	Transport	¥ 20,000
	Miscellaneous	¥ 6,000
	Total	¥ 140,000

Example: 2nd year student, male

Budget	Scholarship	¥ 51,000
	Part-time job	¥ 55,000
	Total	¥ 106,000
Spending	Rent	¥ 51,000
	Food	¥ 20,000
	Electricity, water, gas	¥ 10,000
	Social expenses	¥ 5,000
	Phone	¥ 5,000
	Books	¥ 2,000
	Transport	¥ 3,000
	Savings	¥ 10,000
	Total	¥ 106,000

Foods
 Bottle of water ¥ 120
 McDonald set meal ¥ 550
 Lunch box ¥ 500

Transportation
 Bus from SFC to Shonandai ¥ 220
 Subway to Yokohama ¥ 360
 Train to Tokyo ¥ 540

8-2 Free Wi-Fi

List of Japan Connected-free Wi-Fi Hotspots



<https://www.ntt-bp.net/jcfw/area/index.html>

Free public Wi-Fi in Japan

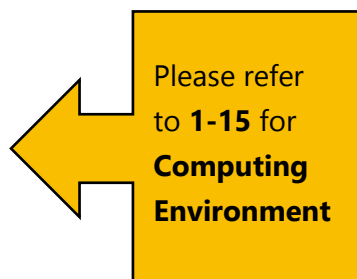
Free public Wi-Fi networks in Japan are available in large cities but are sparse in the countryside and mountainous regions.

While the number of Wi-Fi hotspots is increasing, there are not enough free Wi-Fi services available for regular usage.

The following facilities provide free Wi-Fi service. Some require pre-registration via the service providers' website.

- International airports (Narita, Haneda)
- Hotels
- Some cafes/restaurants (Starbucks, McDonald's, etc.)
- JR and subway stations in large cities
- Shopping malls (Terrace Mall etc.)
- Supermarket (Ito Yokado, etc.)

Campus Network System (CNS)



Wi-Fi at SFC

Keio University offers wireless LAN service on campus. By setting up a connection, you can connect to the Internet with your personal computer, mobile terminal, or smartphone. Be sure to take security measures when using it in order to protect other users and yourself from viruses.

SFC CNS guide 2022 -English edition-



https://cns-guide.sfc.keio.ac.jp/2022/CNSguide2022_en.pdf

8-3 Postal Service (*Takuhaibin*)

Japan Post, one of the main delivery services in Japan, provides a range of postal services including the delivery of postcards, letters, parcels, and registered mail, as well as banking and insurance services.

Takuhaibin Delivery Services are convenient for sending parcels, luggage, and various other types of goods from door to door nationwide. You can even use *takuhaibin* service for your moving unless you have lots of belongings.

You can send *takuhaibin* any time of the day from any convenience store while most post offices are only open from 9:00 to 17:00 on weekdays (Some large-scale post offices are open on Saturdays).

Delivery is usually made by the next day, and costs are moderate. You will receive mail and packages through either Japan Post or *Takuhaibin* Delivery Services. If you are not at home upon delivery, delivery staff will take them back and leave a notice of delivery instead.

You can request re-delivery by phone and/or online (depending on the delivery company) .

Instructions on how to schedule a redelivery are usually written on the slip. The delivery companies usually keep your item for 1 to 2 weeks before it is returned to the sender if no redelivery request is made.

For international mail service, you have EMS from Japan Post, DHL, and FedEx.

Postal Service

Japan Post



https://www.post.japanpost.jp/index_en.html

Takuhaibin

Nippon Express



<https://www.nipponexpress.com/>

Yamato Transport



<https://www.kuronekoyamato.co.jp/en/>

Sagawa Express



<https://www.sagawa-exp.co.jp/english/>

8-4 Commute

Campus Access



<https://www.sfc.keio.ac.jp/en/maps.html>

神奈中バス
Kanachu Bus

As SFC is located 3.5 km away from the nearest train station, Shonandai Station, many students commute by bus or bicycle.

For students living in Shonandai.....by bus/bicycle to SFC

For students living outside of Shonandai....

by train/subway to Shonandai

by bus from Shonandai to SFC

Bus from Shonandai to SFC (*Kanachu* Bus)

It takes approximately 15-20 minutes to reach the campus. Bus fare is 260 JPY. (as of July 1, 2023)

Buses for Keio University depart from Bus Stop #1, at the West B Exit of Shonandai Station. The following bus routes are bound for Keio University:

☆ Sho23 [湘 23] bound for Keio University [慶応大学]

☆ Sho24 [湘 24] bound for Keio University [慶応大学] via Sasakubo [笹久保]

☆ Sho25 [湘 25] express (Twin Liner) bound for Keio University [慶応大学]

Within the campus, buses will stop at:

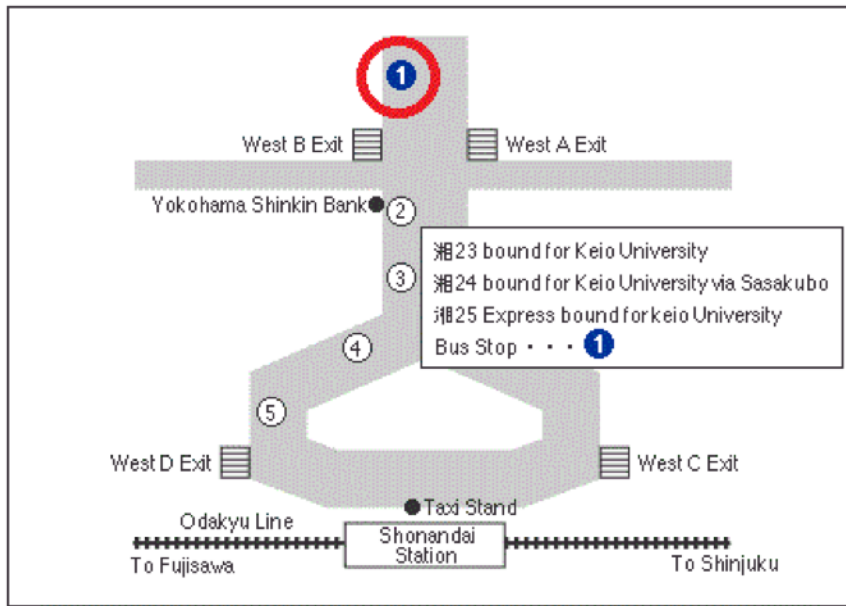
☆ Keio Daigaku [慶応大学] (Bus Stop A on the campus map; closest to the Faculty of Nursing and Medical Care Building)

☆ **Keio Daigaku Honkan-mae** [慶応大学本館前] (Bus Stop B on the campus map) **PLEASE GET OFF HERE!**

☆ Keio Chukotobu-mae [慶応中高等部前] (Bus Stop D on the campus map; closest to Keio Shonan Fujisawa Junior and Senior High School)

<Note>

*Buses do not stop at Keio Daigaku Honkan-mae [慶応大学本館前] and Keio Chukotobu-mae [慶応中高等部前] on Sundays and holidays.



※ We ask that students take personal responsibility for their actions and avoid becoming a nuisance to others such as talking loudly on public transportation.

Bus from Tsujido to SFC (Kanachu Bus)

It takes approximately 21 minutes to reach the campus. Bus fare is 400 JPY. (as of July 1, 2023)

Buses for Keio University depart from Bus Stop #2, at the North side of Tsujido Station. The following bus route is bound for Keio University:

☆ Tsuji 34 [辻 34] bound for Keio University [慶応大学]



(Twin-liner bus)

Time Table for 辻 34 from Tsujido



<https://www.kanachu.co.jp/dia/diagram/timetabl e/cs:0000802690-1/nid:00129934>

<Note>

*Buses do not stop at Keio Daigaku Honkan-mae [慶応大学本館前] on Sundays and holidays.

Pasmo



Issued by subway and train companies other than JR, and interchangeable with Suica.

Suica



Issued by JR east. And interchangeable with Pasmo.

Welcome Suica (JR- EAST)



<https://www.jreast.co.jp/multi/en/welcomesuica/welcomesuica.html>

How to Pay the Bus Fares

The bus fares can be paid by cash or by prepaid e-money card.

If you pay the fare in cash, it is highly recommended that you have the exact amount ready before boarding the bus. You will not get any change back if you drop more than the fare into the fare box. You can also change a 1,000 JPY bill, a 500 JPY coin, and a 100 JPY coin into smaller denominations by putting them in the change machine next to the fare box. Please change the money before you drop it in the fare box.

If you pay the fare by prepaid e-money card, please obtain a Pasmo or Suica. They are rechargeable prepaid rail cards. Prepaid cards are sold at ticket vending machines in train stations. A 500 JPY deposit will be deducted from the cash amount you charge the card with. (You can get this money back when you return the card to a ticket office)

When using prepaid cards on a bus, swipe it over a contactless reader when boarding/disembarking. You can top up the card at the ticket vending machines in train stations, but bus drivers can also help you top up the card.

When you pay for the bus will depend on the bus (in Shonandai area). Please check with the driver or ask other passengers when to pay.

*Please note that the sales of IC cards (Suica/Pasmo) have been suspended since June 2023 due to the ongoing global chip shortage. If you do not have one, you will need to pay in cash every time you take the train/bus, or get a "Welcome Suica" card which is available for 28 days from the date of purchase. "Welcome Suica" is only sold at Narita and Haneda Airports.

Taxi

A taxi ride from the west side of Shonandai Station to Keio University will take approximately 10 to 15 minutes. Taxi fare is approximately 1,200 to 2,000 JPY.

To hail a taxi, go to a taxi stand in front of train stations or flag one down at a location where it is safe for it to stop. It is easy to find taxis on the street in Tokyo, but not in the SFC area. Please call a taxi by phone when there is no taxi stand around you.

When you board a taxi, note that the vehicle's left rear door opens and closes remotely by the driver. You are not supposed to open or close the door by yourself.

Train/Subway

Shonandai station is an express stop on the **Odakyu Enoshima Line**. It's also the terminus of both the **Yokohama Subway Blue Line** and **Sagami Railway (Sotetsu) Izumino Line**.

Student Commuter Pass

Students can purchase a student commuter pass (*tsugaku teiki-ken*), which allows students to take unlimited rides between the station nearest to their residence and the station nearest to the campus.

Your student commuter pass can be issued on the Suica/Pasmo you have.

You must pay an additional fare when traveling outside the specified route and only the person registered on the card may use this pass.

One, three, and six-month passes are available (the longer the period the higher the discount, but the higher risk when you lose it).

The student commuter passes can only be issued for a single route and for the least expensive route.

If your current address is different from the one registered with the university, please update your home address from keio.jp.

Taxi companies in SFC area

Kanachu-Taxi
0120-777-701

Shonan Taxi
0120-01-8801
0466-50-8801

Soai Kotsu
0120-87-2610

Minami Shokai
0120-04-4373
0466-44-0010

通学定期券(*tsugaku teiki-ken*)
student commuter pass

*Please Note: Research students cannot purchase Student Commuter Passes but are eligible for a regular commuter pass (*tsukin teiki-ken*), which is a little bit more expensive but still cheaper than paying the travel fare every day separately.

How to Purchase a Student Commuter Pass

通学証明書 (Tsugaku shomeisho)
a Student Commuter Certificate

Purchasing Student Commuter Pass



<https://www.students.keio.ac.jp/en/com/procedure/pass/>

<For trains/subways/buses>

- ① Log in to the Certificate Issuance Service and apply for "Student Commuter Certificate." (access through the Keio University Student Website → Procedures → Certificates → Information about Certificates)
- ② Print the "Student Commuter Certificate" at a convenience store or a certificate issuing machine on campus.
- ③ Fill in the commuting route, valid period, and starting date for using the student commuter pass on the Student Commuter Certificate, and submit this to the station counter, ticket counter of the bus company, etc. in order to purchase the pass.
- ④ *In order to purchase a Student Commuter Pass for two lines, such as Sotetsu line and Tokyu line, you need to visit Yokohama station.

No. 999999999999

通 学 証 明 書

学校種別又は指定番号		大学	区 分	
通学者の氏名・年齢	慶應 花子 (19 才)			
通学者の居住地	東京都港区三田2-15-45 慶應マンション101 電話: 03-1234-5678 090-1234-5678			
部科及び学年	文学部 第1学年			
身分証明書番号	12345678			
通学区間 (*)	<div style="border: 2px dashed red; padding: 5px; display: inline-block;"> ① ~ ② 間 ③ 経由 ④ 1 箇月 ~ 3 箇月 ⑤ 2022 年 4 月 30 日 まで </div>			
通学定期乗車券の有効期間 (*)	1 箇月 ~ 3 箇月			
通学定期乗車券の使用開始日 (*)	2022 年 4 月 30 日 まで			
通学証明書の有効期限	2022 年 4 月 30 日 まで			

(*) の項目は通学者本人が記入する (または〇で囲む) こと

発行日	2022 年 4 月 1 日 発行
学校所在地	神奈川県横浜市港北区日吉4-1-1
学校名	慶 應 義 塾 大 学
学校代表者氏名	学 長 伊 藤 公 平

1 この証明書のうち、通学区間、通学定期乗車券の有効期間、通学定期乗車券の使用開始日は、通学者が記入してください (通学定期乗車券の有効期間は、該当のものを〇で囲む)。

2 通学区間は、通学者の居住地の最寄り駅から、上記証明書の学校所在地の最寄り駅への最も経路を記入してください (バス利用の場合は最寄りの停留所)。

3 1、2以外の内容を訂正・変更した場合、訂正印の有無にかかわらず無効となります。

下欄には記入しないでください。

(発行駅)	(乗車券番号)	(発行年月日)
(基本運賃)	(発着運賃)	(返額運賃)

電話は... 03-5564-0000
 本証明書にはPDF形式 (電子通し) が使用されています。
 ※PDF形式は、以下のウェブサイトからダウンロードできます。
 詳細は、以下のウェブサイトをご覧ください。
<https://www.students.keio.ac.jp/en/com/procedure/certificate/issue.html>

(所属キャンパス用)

- ① Home station
- ② School station
- ③ Via (change at)
- ④ Length of pass required:
1 month / 3 months / 6 months
- ⑤ First date to start using:
Year / Month / Day

Bicycle

Commuting by bicycle is another choice if you do not like to wait in a long queue for a bus, or board an overcrowded bus. Using a bicycle, you do not need to worry about being late for your class.

From Shonandai to SFC, it is 3km of a hilly road for 20 minutes of a bicycle ride.

Bicycle Registration

It is mandatory to register your bicycle.

Crime rate is low in Japan but it doesn't apply to bicycles and umbrellas. They are often stolen. There may be cases that you will be stopped by police when riding your bicycle at night. You don't need to panic because you can easily prove the bicycle belongs to you with your registration number on your bicycle.

When you buy a new bicycle from a local shop, shop staff will offer you a registration. Fill out the form and pay 600 JPY. A sticker to prove your registration will be put on your bike by a shop staff. This is issued by your local police and its expiration date differs by each prefecture. (7 years for Kanagawa prefecture)

If you purchase a bicycle online, visit the nearest bicycle shop or a police box for the registration. You need to bring your ID card, your bicycle certificate (it will be sent to you with the bicycle) and your bicycle.

For the bicycle given by your friend or somebody else, you need to register the bicycle at the nearest bicycle shop. Besides your ID and bicycle, you need to bring a "**Bicycle transfer certificate**" written by the former owner of the bicycle.

自転車防犯登録
(*jitensha bouhan*
touroku)

Bicycle registration

自転車譲渡証明書
(*jitensha joto shomei-*
sho)

Bicycle transfer
certificate



<https://www.kanajibou.jp/download.html>

Download the top PDF

自転車損害賠償責任保
険等 (*jitensha songai
baisho sekinin hoken
to*)
bicycle liability
insurance, etc.

Bicycle Insurance

Kanagawa prefecture requires all bicycle riders to enroll in insurance (such as bicycle casualty insurance) to ensure that they can pay for any damage or injury to others if the rider is involved in a cycling accident. Please check the terms of the insurance plan you are enrolled in and make the necessary adjustments or purchase cycling insurance. It costs approximately 3,000 JPY for a year.

*If the bicycle rider is under legal age (18 years old), the parent is required to enroll in insurance for the rider.

*Any accidents during commuting to/from the university are covered by Gakkenbai. (Please see 7-3 for details)

Parking at SFC

Students who commute to SFC by bicycle must park in the parking lots located across from the security office in the North Gate. It is free of charge and notification to the university is not required. Please use a double-lock to prevent bicycle theft. Keio University shall not be responsible for any loss, damages, and troubles in the parking space. Abandoned bicycles will be removed, so please look after your own bicycle.

Daichari



<https://daichari.hellocycling.jp/>

(Japanese language only)

30 min/130 JPY
up to 12 hours/2,000 JPY

Bicycle Sharing Service

Shared bicycle "Daichari" is a renting electric bicycle service. There is a shared e-bicycle station near the North Gate of SFC. You can book an e-bicycle from your smartphone.

Traffic Rules for Bicycles

- ✓ Use roadways in principle. Riding on sidewalks is allowed only in exceptional cases.
- ✓ Keep to the left on roadways.
- ✓ Do not ride under the influence of alcohol.
- ✓ Do not carry a passenger.
- ✓ Use your front light after dark.
- ✓ Do not ride bicycles that are not equipped with a front light and brakes.
- ✓ Wearing a helmet is strongly encouraged.

8-5 Part-Time Jobs

Many international students wish to work part-time in order to pay their tuition or living expenses. However, under the status of residence of "Student," which is given to all international students, they are originally allowed to reside in Japan only for the purpose of studying at school. Therefore, if anyone residing in Japan with the status of "Student" wishes to take a paid part-time job, the person is required to obtain official permission called "Permit to Engage in Activity other than that Permitted by the Status of Residence Previously Granted" from the nearest regional immigration bureau.

Information on how to obtain a permit to work from the immigration bureau can be found in the chapter "**5-2 Work Permission for Part-Time Jobs**".

Limit to Work Hours

With this permit, students are allowed to work part-time for up to 28 hours per week (up to 8 hours per day during summer, winter, and spring holidays). However, students are not allowed to have a job prohibited by the Immigration Law, such as jobs at places like bars where servers are seated at the customer's table to serve, pachinko parlors, etc. It is prohibited to work there even as kitchen staff. If there are any violations of the conditions of the part-time work permit, you will be punished by a fine or deported.

Paid Internships

If you intend to pursue a paid internship, it is necessary to obtain a permit from the Immigration Bureau to engage in part-time work. The permitted working hours are the same as for part-time jobs. Before you start your internship, it is your responsibility to check in advance about the duration of the internship and whether you will be compensated. If you will not receive compensation for the internship, you do not need to apply for this permit.

Job Search Sites

Gaijinpot:

<https://jobs.gaijinpot.com/index/index/lang/en>

Craigslist

<http://tokyo.craigslist.org>

Job@chikyujin

<https://job.chikyujin.jp>

Tokyo Notice Board

<http://www.tokyonoticeboard.co.jp/>

Disputes

Tokyo Metropolitan Labor Consultation Center Offices



<http://www.hataraku.metro.tokyo.jp/soudan-c/center/e/index.html>

Kanagawa Labor Bureau



https://jsite.mhlw.go.jp/kanagawa-roudoukyoku/madoguchi_annai/soudanmadoguchi/95955/119910.html

How to Find a Part-Time Job

How easy it will be to find a part-time job largely depends on your language ability and what kind of job you wish to do. If you have some proficiency in Japanese, it can be easy to find a job as a translator, or at a restaurant or in another position with customer services, which offers the opportunity to improve your Japanese and get a sense of Japanese work ethic. Language cafes or places frequently visited by foreign customers often hire English-speaking staff without requiring Japanese language skills.

Another popular part-time job is language teaching, either private lessons or helping out at elementary schools.

You can also ask faculty members if they are looking for a student assistant (S.A.) or teaching assistant (T.A.) or if they could introduce you to companies they are working with, in order to find a part-time job. T.A. and S.A. assist faculty members in holding classes smoothly by assisting with class preparation, providing in-class guidance with experiments and exercises, providing advice to students regarding course contents, and so on. If you already have a particular job in mind, you can directly bring your CV to the place you want to work at and ask whether they have an open position.

Please also use the websites listed in the left column to search for available jobs.

Disputes at Part-Time Jobs

Kanagawa Labor Bureau offers free consultation services in English. Consultation services cover work related issues such as labor contracts, conditions, paid holidays, and working hours.

8-6 Food

Besides fine-dining restaurants and cafes, you can eat out at casual-dining restaurants including fast-food chain restaurants.

Fast food chain restaurants have wide varieties from *ramen* to hamburgers, from *gyudon* to conveyor belt *sushi*.

Family restaurants are popular among students as well.

Also, you can buy small snacks such as lunch boxes, sandwiches, and *onigiri* at any convenience store.

Supermarkets

The cheapest way of having meals is always cooking by yourself. Buying food at supermarkets is economical. Wholesale markets (業務スーパー) are known to be cheaper than ordinary supermarkets.

Don't forget to bring your shopping bag as they charge you for plastic bags.

Common tip: Fresh and cooked items are often marked down by 10-70% near the closing time of supermarkets.

Vegetarian Food

Vegetarian food in Japan can be difficult to find.

Most of the restaurants do not have vegetarian menus unless you choose vegetarian restaurants. Restaurant staff will happily remove meat from your plates if you ask.

Please use the vocabulary on the right to ask staff to adjust your plate. Try using a search engine for vegan and vegetarian restaurants as well.

ラーメン(ramen)



牛丼(*gyudon*)
beef bowl



おにぎり(*onigiri*)
Rice ball



スーパー(*su paa*)
supermarkets

業務スーパー(*gyomu su paa*)
wholesale markets

ベジタリアン
(*bejitarian*)
vegetarian

肉なし(*niku nashi*)
no meat

**Vegan & Vegetarian
restaurants in Fujisawa**



<https://www.happycow.net/asia/japan/fujisawa/>

**Muslim Friendly
Restaurant
Guidebook
Kanagawa**



<https://trip.pref.kanagawa.jp/media/8RDmcw mQfcPtTZV1zRACDSLs YfcCb6RW0qK0nZHb/ muslim-friendly-restaurant-guidebook.pdf>

Halal Gourmet Japan



<https://www.halgourmet.jp/>

Halal Food

Halal food might be much harder to find than vegetarian food. The concept of “Halal food” itself is not very popular among ordinary Japanese people.

A wholesale market (業務スーパー) near Shonandai station sells some Halal foods.

Keio SFC Islam kenkyu labo and Kanagawa prefecture made “Muslim friendly restaurant guidebook Kanagawa”. Please download the PDF version for your use. It contains information about places for prayer as well.

Also, using search engines for halal food would be useful.

Vegetarian / Halal Food at SFC

We have a Halal food section inside the Co-op store on campus.

Also, our on-campus dining facilities, such as Tablier and Ladybird, can prepare halal meals with prior notice. Several vegetarian menus are available at the co-op cafeteria.



8-7 Garbage

Garbage (*gomi*) disposal is carried out at the municipal level. Please check with your landlord or your dormitory manager for the local garbage rules.

You are expected to observe all rules and regulations concerning garbage disposal and recycling in your city.

Roughly speaking, there are three broad categories of garbage for disposal purposes:

- Combustible trash (kitchen and other food garbage, etc)
- Non-combustible trash (metals, glass, porcelain, rubber products, etc)
- Recyclable trash (plastic, paper, bins, cans, magazines, etc.)

Items in each category are collected separately on a designated day. Usually, you are supposed to put garbage in certain space to avoid crows and cats.

For Fujisawa city, you need to use designated garbage bags for combustible and non-combustible trash. (e.g. 400 JPY for a roll of ten sheets of 20-liter bags). You can buy bags from convenience stores, drug stores, and supermarkets within the town.

For oversized garbage (*sodai gomi*), like furniture, bedding, and home appliances, municipalities have different ways of collecting it. In some places, certain days are set for collecting oversized garbage. In other places, you need to notify the municipal administrative office in advance, and then dispose of the garbage on the assigned day. There are also some places that require you to pay collection fees in advance. Collection fees may vary according to the size and kind of garbage. Therefore, please confirm with the municipality or sanitation office on how to dispose of oversized garbage. Please note that the following seven appliances are not considered oversized garbage:

air conditioners, televisions, refrigerators, freezers, washing machines, clothes dryers, and computers.

Calendar for Garbage Collection in Fujisawa



<https://www.city.fujisawa.kanagawa.jp/kankyo-j/kurashi/gomi/wakekata/r56kakokugo.html>

可燃ゴミ(*kanen gomi*)
combustible trash

不燃ゴミ(*funen gomi*)
non-combustible trash

リサイクルゴミ
(*risaikuru gomi*)
recyclable trash

粗大ゴミ(*sodai gomi*)
oversized trash

8-8 Avoiding Troubles

騒音(*sou-on*) noise

Noise Caution

Even if you have your own space in your apartment, it does not mean you can do anything anytime in your place.

The walls and floors of some apartments are very thin and you can hear the sound of TVs and other noises from neighbors and vice versa.

Try to avoid using a washing machine and/or vacuum cleaner, watching TV very loud, jumping, or playing musical instruments from 8:00 pm to 9:00 am the following day.

When playing online games using headphones, you tend to raise your voice without realizing it. Please refrain from playing games with voice chat functions during the midnight or early morning.

When your neighbors make noise, try not to contact them directly. Make your complaints via your landlord to be anonymous. And when you receive a complaint, please try to reduce noise as you may not be able to continue the apartment contract for the next contract period.

Garbage

Trash-related issues could easily become a cause of trouble with your neighbors. To establish a good relationship with your neighbors, you should follow the local rules for disposal.

Safety

Japan is known as relatively a safe country, however, the crime against young women is not few. Always make sure your door is locked. Do not sleep with your windows open. You can also put the cover on the door scope.

Theft on campus

Unfortunately, theft is a reality of campus life. Do not leave your wallet and computers unattended. Also, it is not uncommon for bicycles in the parking area to be stolen.

Visitors

Do not open your door to strangers!

Visitors with no appointments are mostly door-to-door-sales.

Safety check: Sometimes, for example, a visitor tells you they are from "a direction of the fire station" and would like to check the fire system in your apartment. Those safety checks should be informed by the landlord or a posted document beforehand. Do not let the stranger come inside your room.

NHK representative

By the Broadcast Law of Japan (1950), all Japanese residents regardless of nationality who own a television set and/or a mobile phone which can receive the TV signal are required to enter into a Broadcast Receiving Contract with NHK and pay the broadcast receiving fee. An NHK representative may visit you at the door, but you do not need to open the door or pay the fee to them directly. Also, you do not need to show them if you have a TV set either. Ask them to leave you a contract form in your mailbox. If you own a TV set, fill out the form, choose the payment method, and send it to a designated address. If you own a satellite dish, you need to pay extra for the satellite channel fee as well.

Salesperson from Internet provider companies

They will ask you to switch your internet service provider, but sometimes your landlord might have made a contract with a single provider for a whole apartment building. If you would like to switch your internet service provider, you may need to ask the landlord first for the change.

Delivery

You can ask a delivery person to leave parcels outside of the door.

NHK...Japanese public broadcaster

1ch and 3ch in the Kanto area.

It has satellite channels as well.



<https://pid.nhk.or.jp/jushinryo/multilingual/english/index.html>

Consumer Counseling Service in Kanagawa in Multiple Languages.

外国籍住民相談窓口(神奈川中央消費生活センター)



<http://www.pref.kanagawa.jp/docs/k2w/cnt/f11914/index.html>

Public transportations

Avoid loud conversation and/or listening to music loud in public transportation.

Alcohol and Tobacco

The legal age for drinking alcohol and smoking is 20 years old.

Drugs

The use or possession of illegal drugs is strictly prohibited by law.

Ethical use of PC

Ethical use of computers is required in your daily life, especially when you use SNS. For example, uploading a photo of you or your friends who are underage with a glass of beer to SNS may cause a serious issue.

Drones

Flying drones without permission is prohibited by law.

Cults

There are lots of cult groups in Japan that recruit university students. They may contact you near the campus or even on campus. They target new students who are lonely without families or friends in the new environment. Those religious recruiters pretend to be students. They will come to you and ask if you are interested in "a self-improvement group" or "an international students information exchange group". They even disguise themselves as members of one of Keio University student groups.

Please be aware that there are lots of dangerous cult groups targeting new students around April and October. If you are unsure about the invitations from someone you don't know well, ask senior students at school or faculty members. Do not give them your personal information.

Involving in special fraud

“Special fraud” is a crime in which suspects phone elderly victims and pretend to be police officers, victims' family members, etc. to have victims transfer cash to the suspects' bank account. In other cases, a suspect visits a victim's house after such a phone call and directly receives the victim's cash and/or cash cards.

Those criminals recruit university students as fraud group members.

You might be offered a well-paid job by friends or people who pretend to be university students.

Once you get involved in a crime, you are a criminal regardless of your situation. Even if you didn't know it was a crime or you were just threatened, you will still be arrested and will be expelled from Keio University.

Fraud targeting at Chinese students

Recently, there have been many cases that people claiming to be from the Chinese Public Security Bureau, Chinese embassies, Japanese Immigration Office, or other overseas public institutions who told Chinese students that they were involved in a crime and would be arrested, or that they needed to pay a security deposit to avoid arrest. Some of the cases involved fraudulent payments of a large sum of money as a deposit.

In some cases, the scammers not only present their personal information (passport information, etc.) to make the recipients believe that it is from a public institution but also send a document with an official seal made to look like it was issued by a public institution.

If you receive a suspicious phone call pretending to be from an overseas public institution, please do not make a decision on your own, but rather consult with the university or the nearest police station.

Never give out your personal information or transfer or give money to them.

特殊詐欺(*tokushu-sagi*)
Special fraud

**Kanagawa Prefectural
Police**



https://www.police.pref.kanagawa.jp/kurashi/kodomo_jyosei/mesd5050.html

**Immigration Service
Agency**



https://www.moj.go.jp/is/publications/others/nyuukokukanri01_00142.html

Bank Account

It is a CRIME to sell or give a bank account without just cause. If there is any change in your information such as address, period of stay, status of residence and place of work, you should immediately contact the bank with which you have an account.


When you leave Japan after graduation from Keio University, make sure to complete the account closing procedure of your financial institution to prevent your account from being by criminals.

銀行口座 (キャッシュカード・通帳) を他の人にあげたり
売ったりすることは犯罪です。絶対にしないでください。

住所、在留期限や在留資格、仕事先などの情報に変更があった場合は、口座を作った銀行にすぐに連絡してください。

It is a CRIME to sell or give a bank account without just cause.
If there is any change in your information such as address, period of stay, status of residence and place of work, you should immediately contact the bank with which you have an account.

买卖、转让银行帐户 (提款卡、现金磁卡、储蓄存折) 是非法行为，请不要做。
如果您地址、在留期限、在留资格以及工作单位有改变，请立即跟开户银行联络。



은행계좌 (현금카드・통장) 의
매매, 양도는 범죄입니다.
절대로 하지 마십시오.
주소나 체류기간, 체류자격, 직장 등의 정보가
변경되면 계좌를 만든 은행에 즉시 연락하십시오.

Ipinagbabawal ang pagbebenta o
pagbibigay ng account sa bangko (pati
ng ATM card at bankbook sa ibang tao).
Kapag nagkaroon ng pagbabago sa
impormasyon tulad ng adres, panahon ng
pananatili, pinagtatrabahuhan atbp., mangyaring
ipa-alam agad ang mga ito sa bangko kung saan
nabuksan ang account.

Việc mua bán hoặc chuyển
giao tài khoản ngân hàng (bao
gồm thẻ rút tiền mặt, sổ ngân
hàng) là hành vi phạm tội.
Trường hợp có thay đổi các thông tin như
địa chỉ, thời hạn lưu trú, tư cách lưu trú,
nơi làm việc v.v... hãy nhanh chóng liên lạc
báo với ngân hàng mà bạn đã mở tài khoản.

É crime vender, comprar ou
transferir uma conta bancária
(cartão de conta corrente/
caderneta bancária).
Se houver alguma alteração nas informações como
endereço, período de permanência, status de residência,
local de trabalho, etc., entre em contato imediatamente
com o banco onde você abriu a conta.

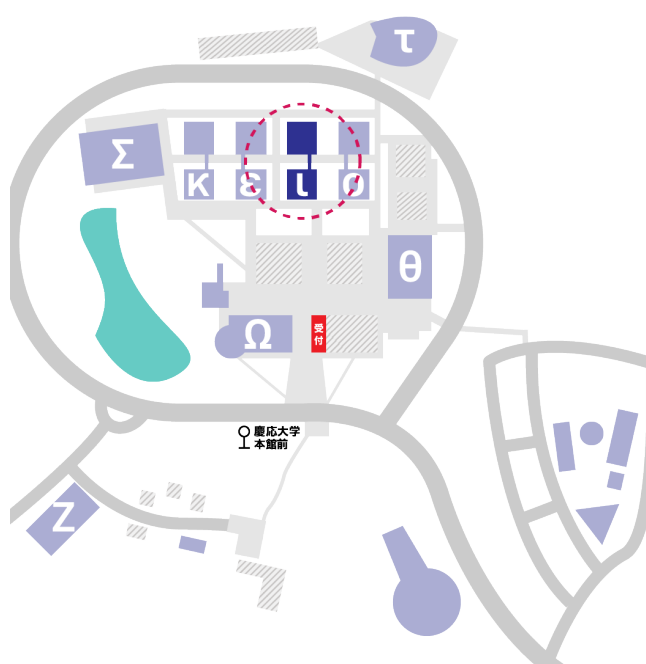
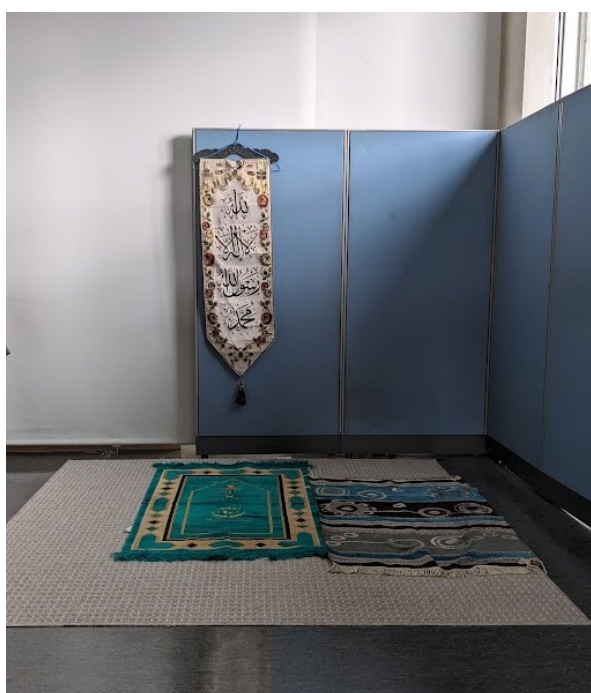


8-9 Religious Facilities

Mosques in Kanagawa

Ja'me Masjid Yokohama	1-31-22-201 Hayabuchi, Tsuzuki-ku, Yokohama-city, Kanagawa Tel: 090-3510-2798	https://yokohamamasjid.com/ info@yokohamamasjid.com
Ebina Masjid	3-12-1 Kamigo, Ebina-shi, Kanagawa Tel: 090-8000-9711, 090-6542-1900	https://masjid.timshaw9.com/en/2019/08/14/ebina-mosque-ebina-masjid/

There is also a **prayer room** located on the second floor of the Iota Building in SFC.



Christian Churches with English Service in Kanagawa

Yokohama International Baptist Church	60 Nakaodai, Naka-Ku, Yokohama 231-0839 Tel: 045-621-6431	https://www.yibc.org/
Japan Union Conference of Seventh-day Adventist Church	846 Kami kawai-cho, Asahi-ku, Yokohama	https://adventist.jp/church/yokohama-english/
Sacred Heart Cathedral	44 Yamate-cho, Yokohama 231-8651 Tel: 045-641-0735	https://catholicyamate.org/welcome/

8-10 Student Organizations

Keio University has a rich community that revolves around over 470 official student organizations – 68 of which are specific to SFC – across its six campuses. The Keio Arts and Culture Federation complements these with 90 organizations that encourage students to expand their cultural literacy and social awareness. With clubs encompassing countless interests, from contemporary and traditional dance and music, religion and Japanese cultural arts, to debate and philanthropy, students are guaranteed to find a community where they can make lifelong friends.

Clubs and Circles

The word “circle” is often used to refer to students’ clubs. “Circles” are also student clubs, but often require less of a time commitment than so-called “clubs.” To join a club or a circle, you can either go to their information events held at the beginning of the spring semester or contact them directly by searching for their website / Facebook pages.

For sports at Keio University, the Keio University Athletics Association organizes the university’s intercollegiate athletic teams, and provides them with coaching staff, medical aids, and training facilities. The league includes over 40 groups.

The Waseda-Keio Games

Keio University and Waseda University have long been friendly yet fierce rivals in academic and athletic pursuits. The Waseda-Keio baseball games in spring and fall are so popular with students, alumni, and the wider public that they are broadcast on TV.

Circle Square



<https://www.orientation.keio-students.jp/circle-2023-en>

The List of Official Student Groups



https://www.keio.ac.jp/en/student-life/files/athletics-recreation/Official_Student_Groups.pdf

*Japanese language only

The Keio University Athletics Association



<http://www.uaa.keio.ac.jp/>

8-11 International Student Support Groups

AIS (Keio Association for International Students)

AIS Instagram:
<https://instagram.com/aiskeiosfc?igshid=MzRlODBiNWFiZA==>

KOSMIC

https://www.ic.keio.ac.jp/intl_student/organization/kosmic.html

*Japanese only

Keio Welcome Net

<https://sites.google.com/site/welcomenethomepage/>

Nihongo Club @Mita

https://www.ic.keio.ac.jp/intl_student/organization/nihongo-mita.html

Nihongo Club @Shinanomachi

https://www.ic.keio.ac.jp/intl_student/organization/nihongo-shinanomachi.html

Tokyo Mita Club

<http://www.tmc.gr.jp/>

*Japanese only

MEXT



<https://www.mext.go.jp/en/index.htm>

Support Groups Run by Students

Association for International Students (AIS) is the Official Student Association in SFC organized in 2016. Their goal is to bring all students together to make SFC a better place. Contact them for more details.



aiskeiosfc@gmail.com

KOSMIC (Keio Organization of Student Members of the International Center) is run by Keio University students and facilitates opportunities for international students to receive support from fellow students. Mainly active at Mita Campus.

Support Group Run by Alumni

Keio Welcome Net is a volunteer organization by Keio's alumni that supports international students.

Nihongo Club has been offering free Japanese conversation sessions, for over 20 years for students from abroad and visiting scholars on Mita and Shinanomachi campuses.

Tokyo Mita Club was founded in 1974 by Keio alumni. It organizes various events and welcomes parties to interact with international students.

Support from Government

Ministry of Education, Culture, Sports, Science and Technology (MEXT) provides useful information to support international student life.

8-12 List of Helplines

Keio University Harassment Prevention Committee

The Keio University Harassment Prevention Committee is a body under the direct authority of the Keio President which aims to plan, liaise, coordinate, and conduct public relations activities for the prevention of harassment as well as consultation, surveys, mediation, and arbitration relating to acts of harassment at Keio University.

Harassment Prevention Committee (Keio)



<http://www.harass-pco.keio.ac.jp/en/committee.html>

Keio University Office for Equity, Diversity, and Inclusion

Keio University established the Office for Equity, Diversity, and Inclusion in 2018, toward building an environment conducive to staff, faculty members, and students of all ages cooperating and coexisting in a spirit of mutual respect and acceptance for one another's individual personalities and various values, and to facilitate prompt responses to challenges relating to welcoming diversity.



keiodiversity@info.keio.ac.jp

Office for Equity, Diversity, and Inclusion



<https://www.diversity.keio.ac.jp/index.html>

Human Rights Counselling Service Online by Ministry of Justice

You can consult about human rights issues online. The service is free of charge.

Human Rights Counselling Service online by Ministry of Justice



https://www.jinken.go.jp/soudan/PC_AD/0101_en.html

LGBTQ

LGBT jukuseikai is an unofficial LGBTQ student circle at Keio University.



lgbt.jukuseikai@gmail.com